

Identify - 2.4 Unsustainable behaviour

Choose an energy wasting or other un-sustainable behaviour/action that you want to change.

Sometimes by looking at an unsustainable action in more depth we can identify ways in which we can address the behaviour and help reduce its incidence. Choose an un-sustainable behaviour or action and try to answer the following questions.

- What is the behaviour that you want to address?

- Where does it mainly occur?

- What is the main group of staff that performs the behaviour?

- What other groups of staff perform the behaviour? e.g. supervisors, middle-management, senior management, etc.

- Who or which groups have influence over the main energy user group, which might make them change their behaviour?

- When mainly, does the behaviour occur?

- Why does the behaviour occur?

- Are there any barriers to performing the behaviour correctly?

- What possible ways are there for getting people to change their behaviour?

Complete the chart above for every behaviour you wish to change as part of your programme and log in the sheet below. An example is included on paper use to show the type of information that can be captured.

