



Rialtas na hÉireann Government of Ireland

Traditional Buildings - Guidance and Research

March 21, 2024

Stephen Farrell – Programme Manager, National Retrofit





Introduction 20-21 March 2024

Climate Action Plan 2024 – Built Environment

Part L 2021(para 0.6.1)

....The aim should be to improve the energy efficiency as far as is reasonably practicable. The work should not prejudice the character of the building or increase the risk of long-term deterioration of the building fabric.

Seal SUSTAINABLE ENERGY AUTHORITY OF IREL AND

ENERGY

SHOW

I.S. EN 16883:2017, Conservation of cultural heritage — Guidelines for improving the energy performance of historic buildings provides guidelines for sustainably improving the energy performance of historic buildings, e.g. historically, architecturally or culturally valuable buildings, while respecting their heritage significance.

Heat Loss Indicator Research



seai.ie/energyshow

Schedule of Speakers

- Carl Raftery Architectural Conservation Advisor, DHLGH "Improving Energy Efficiency in Traditional Buildings Guidance for Specifiers and Installers"
- Oliver Kinnane Head of School of Architecture, UCD "FabTrads– Research findings on traditional and historic building wall fabrics"
- Peter Cox Founding member, Carrig Conservation International Limited "Can Older Buildings Contribute to Reducing CO₂ Emissions"
- Sarah Jane Halpin Built Heritage Consultant, National Built Heritage Service "Conservation Advice Scheme for Vacant Traditional Farmhouses"

RDS, Dublin 4 | 20–21 March 2024





- Q&A session after all presentations
- Or submit questions to;
 - <u>Onestopshop@seai.ie</u>
 - Subject line: Traditional Buildings

We will respond after the Energy Show



RDS, Dublin 4 | 20–21 March 2024





An Roinn Tithíochta, Rialtais Áitiúil agus Oidhreachta Department of Housing, Local Government and Heritage

Introduction to Improving Energy Efficiency in Traditional Buildings, Guidance for Specifiers and Installers

Carl Raftery

Architectural Conservation Advisor, National Built Heritage Service

New guidance

- Aims to provide clear and robust advice to specifiers and installers, while being accessible to a wide audience
- Guidance is strategic more than prescriptive given the nature of the historic building stock
- Illustrate good practice and establish principles and processes to be followed

Improving Energy Efficiency in Traditional Buildings

Rialtas na hÉireann Government of Ireland

> Guidance for Specifiers and Installers



Improving Energy Efficiency in Traditional Buildings



<u>Chapter 1:</u> Context What Is a 'Traditional Building'? Complying with Statutory Requirements Recommended Skills and Experience





Building Regulations Technical Guidance Document L 2021 Conservation of Fuel and Energy – Dwellings 0.6 Application to Buildings of Architectural or Historical Interest



... the application of this Part and of the European Union (Energy Performance of Buildings) Regulations 2019 may pose particular difficulties for habitable buildings which, although not protected structures or proposed protected structures, may be of architectural or historical interest including buildings of traditional construction with permeable fabric that both absorbs and readily allows the evaporation of moisture. The aim should be to improve the energy efficiency as far as is reasonably practicable. The work should not prejudice the character of the building or increase the risk of long-term deterioration of the building fabric.







Traditional construction



Traditional buildings in Ireland:

- solid masonry walls of brick, stone or clay, using lime-based mortars, often with a lime or earthenbased render finish,
- single-glazed timber or metal-framed windows
- a timber-framed roof usually clad with slate but often with tiles, copper, lead or, less commonly, corrugated iron or thatch.





Figure 2: Typical solid masonry wall

Figure 3: Typical modern cavity wall

Range of skills provided by different building professionals (Table 4 extract, core/support activity)



Services	Architect	Architect (Conservation Accredited)	Building Surveyor	Building Surveyor (Conservation Accredited)	Conservation Consultant	Structural Engineer	Architectural Technologist	Archaeologist	Mechanical & Electrical Engineer	Energy Auditor	BER Assessor	Thermal Bridge Modeller	Hygrothermal Modeller	Ventilation Validator	Air Permeability Tester
Design of fabric efficiency upgrades					•	•	-	-	-	•	•	-	•	•	•
Design of building conservation measures	•		-			•	-	•							
Design of structural repairs or alterations	•	•	•	•	•		•	•							
Design of works					•		•	-	-						
Building condition survey	•	-			•		-	•							
Heritage impact assessment	-		-			•	•	•							
Survey and monitoring of alterations to any historical/archa eological featu res in a building			•			•	•								

Chapter 2: Understanding Traditional Buildings

- the physics of traditional buildings, how heat and moisture move through a building and how this can be dealt with, taking into consideration the importance of ventilation and indoor air quality
- the various methods for assessment of a building to determine any thermal bridges, air leakage and existing damage
- the calculation method for U-values relevant to traditional buildings (Fabtrads)
- potential health risks associated with the build-up of harmful substances/gases in a building and how to avoid them











One of the most important principles in energy efficient retrofit is that a building should be in good condition, free from excess dampness.





Figure 7: Relative wetting mechanisms for solid walls (Courtesy of Beñat Arregi, TU Dublin)

Poor maintenance and wet building fabric has higher conductivity and accounts for approx. 25% more heat loss







Performance assessment methods

Thermography Air Leakage Testing –pressure fan Endoscopy or Remote Visual Inspection Radar Hygrothermal Risk Assessment Indoor Air Quality Monitoring Calculating and Measuring U-values - ISO 9869-1:2014

The information gathered can only be properly assessed

in conjunction with data gathered as part of a **comprehensive condition survey** and with the application of specific expert knowledge of historic construction technologies.



Figure 10: Thermal image showing additional heat flow at vertical and horizontal junctions with the abutting walls and floor. Note that the corner is the coldest point because it loses heat in three dimensions

Chapter 3: Specifying Safe and Effective Energy-Upgrading Measures

- recommended steps to follow when developing a comprehensive retrofit strategy for a traditionally built building and what should be completed prior to the start of retrofit works adapted from I.S.EN 16883:2017
- recommended materials for retrofit works on traditional buildings (risks and compatibility)
- preparation and installation measures for the upgrade of roofs, floors, windows and doors, as well as solid walls



Table 5: Recommended procedure for developing a retrofit plan adapted from guidance in *I.S. EN 16883:2017 Conservation of cultural heritage-Guidelines for improving the energy performance of historic buildings*



Step 1 Initiate the process ... thermal comfort, energy waste reduction

Step2: Assess the building ... heritage significance, condition, address moisture defects

Step 3: Specify objectives and targets technical compatibility, economically variable, 'major renovation'

Step 4: Assess and select measures for improved energy performance ... Develop long list, determine risks condensation, ventilation etc, heritage impact

Step 5: Undertake risk mitigation measures ... Appoint speciality consultant or commission specialist survey **Step 6: Create a short list of measures and review their impact** ...will the proposed measures meet initial objectives, consider alternatives

Step 7: Revise objectives and energy-efficiency targets ... revise objective based on findings of risk assessment

Step 8: Review with the statutory authority (as required) ... consult/apply to statuary authorities

Step 9: Appoint suitably qualified contractors/specialists

Step 10: Implement, document and evaluate ...allow for the unexpected!

Table 9: General compatibility of typical retrofit measures with a traditional building, where not otherwise precluded by virtue of its statutory protection. This table is for guidance only. Each building will require assessment on a case-by-case basis

Features	Measures	Compatibility
Outer walls	Repair/renewal to traditional masonry, pointing, render, etc.	
	IWI on walls without historic features (if not a protected structure)	
	IWI on walls with historic features	
	EWI on walls without historic features (if not a protected structure or in an ACA)	
	EWI on walls with historic features	
Ground floor	Draught proofing between or below floorboards	
	Insulation between suspended timber floors	
	Insulation below solid masonry floor	
	Insulation above solid masonry floors	
Roof	Rafter-level insulation	
	Attic-level insulation	
Windows	Replacement of traditional windows (to be determined on a case-by-case basis)	
	Optimisation of traditional windows (e.g. repair, draught proofing)	
	Installation of double glazing	
	Installation of secondary glazing	
	Installation of insulating panel(s) to shutters	
Doors	Replacement of traditional doors (to be determined on a case-by-case basis)	
	Optimisation of traditional doors (e.g. repair, draught proofing)	
	Installation of insulating internal panels	
	Renovation of door construction (to address warping etc.)	
Heat & energy	Optimisation of existing systems (cleaning, repair, etc.)	
systems	Wholesale replacement of existing systems	
	Wholesale replacement of existing systems in protected structures	
Ventilation	Optimisation of existing systems (cleaning, repair, etc.)	
	Installation of mechanical ventilation systems	
	Installation of mechanical ventilation systems in protected structures	
Solar	Installation to outbuildings and open spaces	
photovoltaic	Installation to traditional building that is not a protected structure	
(PV) & solar	Installation to traditional building within an ACA	
thermal	Installation to a protected structure	



Compatability Rating

Compatible.

Generally compatible with traditional buildings. Presents some impact to historic fabric and some long-term risk to building fabric, which can be managed with expert advice.

Conditionally compatible with traditional buildings where adequate mitigation measures are put in place under the direction of an expert.

Generally not compatible with traditional buildings. Presents significant risk of impact to historic character and/or long-term risk to building fabric. Expert professional advice will be required to fully assess these risks and specify the significant mitigation required.

Not compatible.





Figure 29: Pitched roofs can be insulated either at ceiling level, or rafter level, or a combination of both. The cold area of the attic (blue) must be adequately ventilated at all times





Figure 31: Insulation above and between rafters. An insulating board to the external face of the rafters reduces the chance of thermal bridging but will raise the roof level and may not be acceptable in certain cases



Figure 32 : A hybrid system combining horizontal insulation at ceiling level and pitched insulation at rafter level to the sloped section of ceiling can also be used





Figure 38: Care must be taken when lifting existing floorboards to conserve historic detailing like this biscuit joint







Figure 41: Typical suspended timber floor with insulation



Figure 40: Slightly oversized batts of hemp insulation fit between joists over a wind-tight vapour-permeable membrane (blue) and beneath the intelligent vapour-control membrane (green). The vapour control membrane should be sealed to wall all round underneath the skirting. The solum should be cross-ventilated in accordance with TGD F and all pipework appropriately insulated



Figure 47: Aluminium draught strips can be seen to all sides of this door. Internally there is an insulated curtain



Figure 48: Carefully designed secondary glazing. Doubleglazed secondary glazing is also available



Integrity of insulation materials and preparation



Insulation boards should fit tightly and neatly against each other and other components. All joints and corners should be taped. Insulating plasters may not require airtightness tapes.

Reveals should be insulated to at least the extent necessary to ensure that the critical surface temperature is achieved, see TGD L, Appendix D for details.

Depending on wall and insulation type, a lime plaster layer may be required to create a smooth suface to receive the insulation layer. Note: gypsum-based plaster should not be used on the cold side of insulation due to its moisture retention properties.

Wall insulation should be continuous through the intermediate floor zone to prevent surface condensation forming on uninsulated wall surfaces within the floor zone. Taping around joists will reduce the risk of exfiltrated warm air condensing in the vicinity of joist ends embedded in the wall.





Figure 57: Typical internal wall insulation measures

Internal wall insulation to extend into the joist zone but not through the lath and plaster ceiling. Tape joist to insulation or vapour control layer if present. A lime plaster scratch coat should be applied to the existing solid wall depending on the insulation requirements to assist in application. Lime plaster Vapour per









Figures 52 and 53: Insulating cork lime plaster sprayed on an uneven wall with reinforcement mesh applied below

Proper materialsas defined

Any materials used should comply with Parts D and L. TGD D defines proper materials as materials that are fit for the use for which they are intended and for the conditions in which they are to be used, and includes materials that:

- bear a CE marking in accordance with the provisions of the Construction Products Regulation
- comply with an appropriate harmonised standard or European Technical Assessment in accordance with the provisions of the Construction Products Regulation, or
- comply with an appropriate Irish Standard or Irish Agrément Certificate or equivalent with an alternative national technical specification of any state that is a contracting party to the Agreement on the European Economic Area, which provides in use an equivalent level of safety and suitability.



Chapter 4: Low-Carbon Heating and Renewable Energy Sources

- an introduction of management systems to assess the environmental and energy performance of a building
- •
- how to accommodate changes to mechanical and electrical systems and location of plan
- how to supplement energy usage with low-carbon and renewable sources of energy
- •
- how to deal with existing heating systems such as plumbed heating systems and open fires
- factors to consider when choosing a heating system that is appropriate for different building types and needs





Not exempt for ACA and PS as it has the potential to materially affects the character.

Free-standing solar panel installations for houses are exempted from the requirement to obtain planning permission subject to a 25 square metre area limit and conditions requiring a certain amount of private open space to be maintained for the use of occupants. The exempted area for all other categories except apartments is increased to 75 square metres. In addition, wall mounted solar installations of 75 square metres are exempted for industrial and agricultural.

Note: In traditional buildings, where fabric upgrade measures can sometimes be limited by the character of the building, renewable energy systems can be a useful means to decarbonise and may offer a viable pathway to a BER of B2 or better.



Recent achievements and future steps



- We commissioned a study in 2023 into embodied carbon and life cycle assessment for the retrofit of traditional buildings which aimed developed a practical step-by-step guide to undertaking these assessments for the retrofit of case study building types
- SEAI has commissioned a RD&D project ('FabTrads') to identify the hygrothermal properties for a range of Irish traditional construction materials/assemblies. The project includes laboratory and in-situ testing and the findings are intended to inform the National Calculation Methodology (BER ratings) and be of use in developing further retrofit guidance for traditional buildings
- Intend to undertake a number of exemplar projects to establish, demonstrate, monitor and publish best practice case studies of the appropriate and sensitive energy retrofitting of traditional buildings across the country in accordance with the forthcoming guidance on *Improving Energy Efficiency in Traditional Buildings*
- Working on a pilot funding scheme through SEAI for traditionally constructed buildings and appropriate retrofits

Practical progress:



Building resilience to climate change is a now a key criterion in the conservation and repair grant schemes operated by National Built Heritage Service and the National Monuments Service in conjunction with the local authorities:

- Built Heritage Investment Scheme ('micro' grants to historic building owners for minor repairs and maintenance to build resilience)
- Historic Structures Fund
- Community Monuments Fund
- Historic Towns Initiative
- Vacant Traditional Farmhouse pilot scheme

Thank you



www.gov.ie/pdf/ (Improving Energy Efficiency in Traditional Buildings)

- www.dublincity.ie/built-last-case-studies (Dublin City Council) www.igbc.ie (Irish Green Buildings Council)
- www.historicenvironmentscotland.com Technical papers & case studies
- www.spab.org.uk Technical papers & case studies www.cse.org.uk Warmer Bath
- www.historicenvironmentengland.com Case studies www.changeworks.org.uk Case studies www.responsible-retrofit.org/wheel/ (Sustainable Traditional Building Alliance)





FabTrads & TradFabs

Project Update & Project Kick-off

Oliver Kinnane, Rosanne Walker, Anna Hofheinz, Caroline Engel Purcell. 21st March 2024.

FabTrads

Project Details

- Kick-off: March 2022
- Duration: 36 months
- Lead: University College Dublin
- Partners: IGEO Spatial Modelling Ltd & Carrig Conservation International Ltd
- Collaborators:
- Department of Housing, Local Government and Heritage

Office of Public Works

Irish Georgian Society



ICOMOS Ireland NSCES+CC






Project Scope

- To identify the hygrothermal data of a large sample set of traditional building materials and fabrics
- To provide key data for a range of traditional Irish building materials for hygrothermal modelling
- To test the thermal performance of a range of uninsulated traditional walls in-situ typical to the Irish built environment (pre-1950)
- To consult with the SEAI, NSAI and Government Departments on the findings and potential impacts of this research

In-situ U-values

Progress to date

36 traditional walls tested across Ireland (18 over winter 2022/23 and 18 to date over winter 2023/24)

- •2 in-situ U-value tests run on each wall
- Each test run for approx. 1 week
- Full representative variety of traditional walls tested, including 1 earthen wall

1 long-term in-situ U-value test a Artane Cottages Lower (c. 1890 300mm solid brick wall)

- •Ongoing since 11-2023 until 11-2024
- Variance in results to date: 1.29 1.64 W/m²K, average 1.44 W/m²K
- Strong impact of climate (internal / external temperature and RH) factors on test results

In-situ U-value test locations

















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Version 3.2.1

S5 Age bands

A set of age bands is defined according to Table S1 for the purposes of assigning U-values and other data.

Table S1: Age bands

Age band	Years of construction
Α	before 1900
В	1900-1929
С	1930-1949
D	1950-1966
E	1967-1977
F	1978-1982
G	1983-1993
н	1994-1999
1	2000-2004
J	2005 onwards (without BER certificate already)

Table S2: Building Regulations summary¹

Year of	Applicable age band	U-values (W/m²K)		
regulations		Roof	Wall	Floor
1976 (Draft)	F ²	0.4	1.1	0.6
1981 (Draft)	G	0.4	0.6	0.6
1991	H ³	0.35	0.55	0.45/0.6
1997	1	0.35	0.55	0.45/0.6
2002	J	0.25	0.37	0.37

S6 Constructional types and U-values

U-values of construction elements are determined from the constructional type and date of construction. Uvalues are assessed separately for the main part of the dwelling and for any extension. Where Building Regulations are available, the associated U-value from Table S2 is used. Any other walls with insulation can have non default U-values entered.

S6.1 U-values of walls

This section details default wall U-values where there is insufficient information to enter non-default U-values. Lookup of the defaults in Tables S3 and S3a are automatically referenced by DEAP software. Values from Table S3b are entered into DEAP by the user.

Table S3: Exposed wall U-values¹

Age Band	Α	в	c	D	E	F	G	н	I	J
Wall type										
Stone	2.1	2.1	2.1	2.1	2.1	1.1	0.6	0.55	0.55	0.37
225mm solid brick	2.1	2.1	2.1	2.1	2.1	1.1	0.6	0.55	0.55	0.37
325mm solid brick	1.64	1.64	1.64	1.64	1.64	1.1	0.6	0.55	0.55	0.37
300mm cavity	2.1	1.78	1.78	1.78	1.78	1.1	0.6	0.55	0.55	0.37
300mm filled cavity	0.6	0.6	0.6	0.6	0.6	0.6	0.6	0.55	0.55	0.37
solid mass concrete	2.2	2.2	2.2	2.2	2.2	1.1	0.6	0.55	0.55	0.37
concrete hollow block	2.4	2.4	2.4	2.4	2.4	1.1	0.6	0.55	0.55	0.37
timber frame	2.5	1.9	1.9	1.1	1.1	1.1	0.6	0.55	0.55	0.37
Unknown	2.1	2.1	2.1	2.1	2.1	1.1	0.6	0.55	0.55	0.37
425 mm Cavity Wall	1.73	1.51	1.51	1.51	1.51	1.1	0.6	0.55	0.55	0.37
425 mm filled cavity	0.6	0.6	0.6	0.6	0.6	0.6	0.6	0.55	0.55	0.37

If the dwelling is of age band F or G but the roof of the dwelling is shown to have no insulation, then the wall must be assumed to be age band E (no insulation)

¹ These U-values may be used as a starting point for calculating U-values of similar walls with insulation provided evidence is available to substantiate the insulation levels used in any U-value calculations.

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G	1983-1993	1983-1993						
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Age Band D Е F G н I А в Stone 2.1 2.1 2.1 2.1 2.1 1.1 0.6 0.55 0.55 0.37 225mm solid brick 2.1 2.1 2.1 2.1 2.1 1.1 0.6 0.55 0.55 0.37 1.64 1.64 1.64 1.64 1.64 0.55 0.55 325mm solid brick 1.1 0.6 0.37 1.1 0.6 0.55 0.55 0.37 300mm cavity 2.1 1./8 1./8 1./8 1./8 200mm filled cavity 0.6 0.55 0.6 0.55 0.37 solid mass concrete 2.2 2.2 2.2 0.6 0.55 0.55 0.37 2.2 2.2 1.1 1.1 0.6 0.55 0.55 0.37 concrete hollow block 2.4 2.4 2.4 2.4 2.4 2.5 1.9 1.9 1.1 1.1 1.1 0.55 0.55 0.37 timber frame 0.6 2.1 Unknown 2.1 2.1 2.1 2.1 1.1 0.6 0.55 0.55 0.37 1.73 1.51 1.51 1.51 1.51 1.1 0.6 0.55 0.55 0.37 425 mm Cavity Wall 0.6 0.6 0.6 0.6 0.6 0.6 0.6 0.55 0.55 0.37 425 mm filled cavity

If the dwelling is of age band F or G but the roof of the dwelling is shown to have no insulation, then the wall must be assumed to be age band E (no insulation)

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In-situ U-values





Stone

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Version 3.2.1

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225mm solid brick	2.1	2.1	2.1	2.1	2.1	1.1	0.6	0.55	0.55	0.37
325mm solid brick	1.64	1.64	1.64	1.64	1.64	1.1	0.6	0.55	0.55	0.37
300mm cavity	2.1	1.78	1.78	1.78	1.78	1.1	0.6	0.55	0.55	0.37
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If the dwelling is of age band F or G but the roof of the dwelling is shown to have no insulation, then the wall must be assumed to be age band E (no insulation)

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Brick, Earthen, Concrete

DEAP Manual

Version 3.2.1

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300mm cavity	2.1	1./8	1.78	1.78	1.78	1.1	0.6	0.55	0.55	0.37	
All 1		1									
solid mass concrete	2.2	2.2	2.2	2.2	2.2	1.1	0.6	0.55	0.55	0.37	
concrete nonow block	2.4	2.4	2.4	2.4	2.4	1.1	0.0	0.55	0.55	0.37	
timber frame	2.5	1.9	1.9	1.1	1.1	1.1	0.6	0.55	0.55	0.37	
Unknown	2.1	2.1	2.1	2.1	2.1	1.1	0.6	0.55	0.55	0.37	
425 mm Cavity Wall	1.73	1.51	1.51	1.51	1.51	1.1	0.6	0.55	0.55	0.37	
425 mm filled cavity	0.6	0.6	0.6	0.6	0.6	0.6	0.6	0.55	0.55	0.37	

Table S3: Exposed wall U-values¹

If the dwelling is of age band F or G but the roof of the dwelling is shown to have no insulation, then the wall must be assumed to be age band E (no insulation)

¹ These U-values may be used as a starting point for calculating U-values of similar walls with insulation provided evidence is available to substantiate the insulation levels used in any U-value calculations.

Brick, Earthen, Concrete





Hygrothermal Testing



Measuring the properties of traditional Irish building materials to improve the accuracy of Hygrothermal Modeling and the selection of appropriate Internal Insulation for solid walls

Laboratory Testing



Thermal conductivity testing

- To ASTM 5334:2022 (transient line source) vs EN 12664 (steady state, guarded hot plate)
- At 30-50% RH, 80% and saturation



Bulk Density testing

- EN 1936:2006
- Vacuum chambers with water inlets
- underfloor weighing of sample submerged in water and weight of wet dabbed sample



Moisture adsorption

- To ISO 12572:2012
- Moisture content at equilibrium at different RH in climate chamber
- 50%, 80%, 95%, 98%

Laboratory Testing



Free Saturation

- To EN13755:2008
- Water absorption at atmospheric pressure
- Measured at 3days

Vapour permeability

- To ISO 12572:2016
- Moisture transfer through sample from 50% RH (chamber) to 0% RH (over salt) – dry cup
- extended to include testing of vapour permeability of water repellent / hydrophobising treatments



Capillary absorption testing

- ISO 15148:2002
- Different setups for highly absorptive and unabsorptive samples required

Stones







Site to Lab







Sandstone

(red)

Limerick

(Quartzite)

Howth

Stone

-imestone

(yellow

_imerick



_imestone

_aois

Granite

Carlow

Limestone

Limerick

Dublin Calp

Limestone

Limestone

Portland

Porosity

How do Irish (FabTrads) materials compare with other stones (WUFI database)?



- Irish Limestone and sandstone measured by FabTrads (dark colours) have lower porosity than other stones (data from WUFI materials – light colours)
- L6 (Portland Limestone) and S3 have higher porosity and are more in-line with WUFI materials

Capillary Absorption

at low porosity (<10%):

linear relationship between porosity and capillary absorption

less evident over 15%





Capillary Absorption

How do Irish (FabTrads) materials compare with other stones (WUFI database)?

- Irish limestones and sandstones have lower porosity than WUFI materials and therefore lower capillary absorption
- In instances with similar porosity, the FabTrads materials have similar values to the WUFI materials



61

Vapour Permeability

How do Irish (FabTrads) materials compare with other stones (WUFI database)?



- Irish limestones and sandstones have lower porosity than WUFI materials and therefore higher VDRF
- L6 and S3 have higher porosity and VDRF and are in-line with WUFI materials
- VDRF dramatically increases at low porosities

Thermal Conductivity

How do Irish (FabTrads) materials compare with other stones (WUFI database)?



- Irish limestones, granites and sandstones have higher density / lower porosity than WUFI materials and therefore higher Thermal Conductivity (within comparable mineralogy)
- Stones of comparable mineralogy and density display comparable thermal conductivities
- The thermal conductivity of a stone is primarily influenced by its mineralogy rather than density





5* Handmade, 5* machine made
2* 18th century, 7* 19th century, 1*20th century
3* Co. Cork, 5*Co. Dublin, 1*Co Laois

Porosity

How do Irish (FabTrads) materials compare with other stones (WUFI database)?



- Irish bricks have a porosity typically over 30%
- no clear relationship between age of brick and porosity whether they are handmade or machine-made has the biggest influence
- The traditional Irish bricks are typically more porous and less dense than the brick within the WUFI database

Vapour permeability

shows a trend between increasing vapour diffusion resistance factor and reducing porosity (R²=0.38).



Capillary Absorption

Irish bricks have porosities in excess of c.30% and no longer display a strong correlation between increasing porosity and water absorption



Capillary Absorption (lab) vs Karsten Tube Test

Two tests to measure how much rainwater bricks absorb



Laboratory vs



- Capillary absorption was measured in accordance with ISO15148:2002
- 1d flow
- In opposition to gravity

Karsten tube test guided by

in-situ

RILEM Test Method II.4.

- 3d flow in all directions
- Pressure head of water in column

How much water do Irish Bricks absorb?

Karsten tube Results

- According to the absorption categories set out in Historic Scotland Technical Paper 15, low, medium and high absorption is categorized as 1-9ml/hr, 9-16ml/hr and >16ml/hr (Little et al., 2015).
- Brick 3 falls into the low absorption category,
- B1, B6, B8 into the medium absorption
- B4, B9 into the high absorption.
- An additional category of very high absorption could be considered for bricks with absorption >50ml/hr for B2, B5 and B7.

Brick	Karsten (ml/hr)
B1	13.4
B2	93.6
B3	6.3
B4	32.9
B5	176.6
B6	11.2
B7	183.2
B8	9.6
B9	36.7

Relationship between lab and in-situ

- Relationship between Karsten tube test and their capillary absorption (lab)
- The 3-d Karsten tube is approximately 4 times greater than the 1d laboratory measured water absorption.



Thermal conductivity of bricks



2.50

• EN1745

× dry-state

Thermal conductivity (bricks)

... at "healthy" relative humidities is much lower than often-used dry-state defaults

... is highly dependent on the density of the brick

... on average almost triples from dry-state to saturated values

■ 50% RH ▲ 80% RH ● saturated ◇ saturated with WUFI b=15

1900

Material Datasheets

Type of Brick	Solid red brick	Type of Brick	Red brick, perforated with 20 holes
Likely date of manufacture	c.1700-1730	Likely date of manufacture	c.1870-1910
Dimensions	approx	Dimensions	approx 23.5x11.5x6.5cm
Location collected from	Ryder Row, Capel Street, Dublin 1	Location collected from	Victorian house, Rathgar, Dublin 6
Background information	Hand-made brick, likely made in Dublin	Background information	Machine-made brick, likely manufactured
			in Dublin but may have been imported
Physical Properties (WUFI input values)		Physical Properties (WUFI input values)	
Bulk density	1549kg/m ³	Bulk density	1644kg/m ³
Open Porosity	40.8%	Open Porosity	39.3%
Water adsorption at 50% / 80% / 97% rel. hum.	1.21 / 4.13 / 22.07 kg/m ³	Water adsorption at 50% / 80% / 97% rel. hum.	1.61 / 4.19 / 29.31 kg/m ³
Free Saturation	284.9kg/m ³	Free Saturation	309.5kg/m ³
Vapour Diffusion Resistance Factor	17.13	Vapour Diffusion Resistance Factor	35.8
Capillary absorption	0.51kg/m ² s ^{1/2}	Capillary absorption	0.14kg/m ² s ^{1/2}
Thermal conductivity (dry state)	0.38W/mK	Thermal conductivity (dry state)	0.51W/mK
In-situ properties		In-situ properties	
Water absorption (Karsten tube)	tbc	Water absorption (Karsten tube)	tbc
Internal reference number	B7_RR_D_2022-10-03	Internal reference number	B1_21OP_D_2022-08-04
Lime Plaster, Mortars, Renders (ongoing)



Paint on Lime Plaster

Impact of paint on the vapour permeability of lime plaster

Paint	Sd (of 2			
	coats)			
Paint A	0.32			
Paint B	0.24			
Paint C	0.95			
Paint D	0.51			



Preliminary results – testing ongoing

Hygrothermal Testing using WUFI

ayer Name		Thickn. [m]					
FabTrads B1		0.325		Material Data				
Exterior (Left Side)	325	Interior (Right Sid	le) 02 ₁					
			ଡୁ <u>କ</u> ୍	Sources, Sinks	•			
					C Layer/Material Data			
			_ ₹ 1	New Layer	Layer/Material Name: Solid Brick, historical -	unlo	cked	cked
			- Ph	Duplicate	Bulk density [kg/m³]: 180	0	0
			畲	Delete	Porosity [m³/m³]: 0.31		
					Spec. Heat Capacity [J/kgK]: 850		
			Edit A	ssembly by:	Inermal Conductivity [W/mk Water Vapour Diffusion Resistance Factor [-]: 0.6]: 15		_
	۵	È.		apn	Hard and Providence March 10 America			
					Hygrothermal Functions Waterial Information			
					Liquid Transport Coefficient, Suction	No.		RH [-]
					Water Vapour Diffusion Resistance Factor, moisture-d	1		0.1
2	0		0		Thermal Conductivity, moisture-dependent Thermal Conductivity, temperature-dependent	3		0.2
					Enthalpy, temperature-dependent	5		0.4
					Approximate	6		0.5
					Approximation Parameters:	8		0.0
* * *	~				Reference Water Content [kg/m³]: 4.5	9		0.6
					Free Water Saturation [kg/m ³]: 230	11		0.75
						12		0.8
						14		0.0

FabTrads vs WUFI materials

simulation of abstract wall demonstrates importance of hygrothermal input parameters

Moisture content and Relative Humidity profiles in the wall varies depending on

- properties of brick
- orientation of wall
- exposure to driving rain





WUFI IBP Solid Brick historical





Ν

S

W

Assessment of retrofit options (WUFI)





drylined brick wall – impact of water repellent



B6 FabTrads (preliminary)

cork + lime render

RH at inner face of brick

92.5mm drylining on battens

80% RH risk threshold for mould growth

50mm internal cork lime plaster ~ with externally applied water repellent

no insulation (B6 FabTrads prelim.)

Relative Humidity at inner face of brick (at interface with



TradFabs

Project Scope

Oliver Kinnane, Rosanne Walker, Anna Hofheinz, Caroline Engel Purcell.

TradFabs

Project Details

- Kick-off: March 2024
- Duration: 36 months
- Lead: University College Dublin
- Partner: IGEO Spatial Modelling Ltd
- Collaborators: Department of Housing, Local Government and Heritage Office of Public Works Irish Georgian Society

ICOMOS Ireland NSCES Carrig Conservation

DUBLI





The objective of TradFabs is to provide knowledge and increased certainty around the appropriate thermal upgrading of solid masonry walls and traditional windows and doors.



Project Scope

- i. To determine the laboratory-based hygrothermal properties of traditional wall assemblies including air voids and interfaces between mortar, masonry and insulations;
- ii. To monitor the in-situ moisture and thermal performance of both laboratory constructed walls and existing traditional buildings pre- and post-retrofit with a range of internal insulations;
- iii. To develop 2D hygrothermal models using results from lab tests; and
- **iV.** To monitor and model heat transfer through complex areas of walls, such as floor junctions and through openings, to investigate optimum and safe retrofit strategies.

Questions?

Or comments

Thanks to the FabTrads research team; Rosanne Walker, Anna Hofheinz, Caroline Engel Purcell.

Can Older Buildings Contribute to Reducing CO₂ Emissions?

SEAI Energy Show RDS March 21st 2024



Location: RDS Speaker: Peter Cox, Carrig Conservation Date: 21st March 2024



Welcome

- Introduction
- One Simple Message
- We, as an industry have to do SOMETHING



ADOUL CALL

cont

Our aim is to provide a holistic approach to the conservation, Adaptive Reuse & protection of our built heritage.



What do these buildings...



... have in common?

CONSERVATION INTERNATIONAL G

What do these buildings...



... They're no longer there C A R R I G

What's the issue?



What's the Issue?

EMBODIED CARBON

WHOLE LIFE CYCLE ASSESSMENT



How heritage affects climate change



12.7%

of Ireland's **total greenhouse gas emissions** in 2017 were from **the built**

environment.

- Global Emissions for the Construction Industry
- 34% of Global Energy Demand
- 37% of Energy & Process-related emissions
- As of 2021 and they are Still rising

Understanding Carbon in the Built Environment

~ a Study for Historic England

We looked at 4 Buildings & evaluated 4 Scenarios



Understanding Carbon in the Built Environment

- Carbon footprint of a building as is
- Carbon footprint with a light energy retrofit
- Carbon footprint with a deep energy retrofit and
- Demolish, dump and replace with a modern building to the same volume & size





Understanding Carbon in the Built Environment



Whole Life Cycle Assessment

An assessment of the environmental performance of materials, from the raw extraction and manufacturing to the disposal and recycling. It was the 'cradle-to-grave' approach of environmental assessment of buildings we must take.



Now it's Cradle to Cradle

Life Cycle Assessment



Whole Life Cycle Analysis

ATION INTERNATIONA

Calculating Embodied Emissions





Emissions



CONSERVATION INTERNATIONAL LTD

Calculating Demolition Emissions





Cost of Carbon...

If this modest building is demolished and takes 63 years to pay back the carbon....



.... What would a building like this take?



What's the Answer?

- STOP DEMOLITION!
- Understand your Building
- Do a Detailed Analysis
- Take a Holistic approach to adaptive reuse
- Use Renewable Energy, PV, Wind, Geothermal
- Employ Low Carbon Solutions



Getting the balance right



- Better to save 40 50% of Energy Costs than to try to achieve 100%
 - Do the right thing at optimal cost whilst
 - respecting the historic or traditional value.
- This will reduce running costs, reduce carbon emissions and contribute to saving the planet.



Adaptive Reuse Projects



CONSERVATION INTERNATIONAL LTD

Adaptive Reuse Projects



Ireland is doing their bit



We Need More Protected

There are 6,613 20th Century Buildings on the National Inventory of Architectural Heritage (NIAH) Register with a further review over the next 12 – 18 months



A UK Welcome Surprise

UK recently refused Planning to demolish Marks & Spencer's **Building on Oxford Street on CARBON** Grounds.



We need to set a Standard





Training



There is a **GREAT** need for training & education at all levels within all sectors about Embodied Carbon

CONSERVATION INTERNATIONAL LTD

SMART **Z** LAB

SMARTLAB is testing new ways to make buildings smarter, so they can better respond to occupants' needs, cost less to run, and be ready to interact with a future decarbonised energy grid.

c.70 building owners and occupants in Limerick city have installed sensors provided by SMARTLAB to monitor their building's temperature, humidity, and carbon dioxide levels.

As part of the monitoring Carrig have carried out in-situ U-value testing on a representative range of traditionally-built buildings of varying heritage significance.

The project team are supporting participants to understand more about how their buildings use energy, giving them more power to lower energy costs and make good decisions about their building's future.

The SMARTLAB project uses a living lab approach and works with project participants to explore the real-world challenges and opportunities of making buildings smart-ready.

Project outcomes will be used to create policy guidance concerning the adoption of the EU Smart Readiness Indicator in Ireland.

FAB LAB

LIMERICK

IES

https://smartlablimerick.ie/

citizen

Innovation







Comhairle Cathrach

- Contae **Luimnigh**

Limerick City & County Council


w. carrig.ie e. info@carrig.ie t. +353 1 552 9080

I'm Peter Cox Thank you for your attention!

Follow us on Social Media



CARRENATION INTERNATIONAL G



An Roinn Tithíochta, Rialtais Áitiúil agus Oidhreachta Department of Housing, Local Government and Heritage



Pilot Conservation Advice Scheme for Vacant Traditional Farmhouses 2023

Sarah Jane Halpin 21st of March 2024



Types of Building

Vacant vernacular/traditional farmhouses

Modest houses constructed using local materials and traditional techniques by 'ordinary' people

Excludes formal buildings and the work of professional builders and designers

Do not have to be Protected Structures





Aims of Scheme

Provide expert conservation advice to owners availing or considering the Vacant Property Refurbishment Grant.

Enhance owners' awareness and understanding of the potential of their traditional farmhouses, and prompt long-term investment in our traditional building stock.

"Action 13: Promote vernacular-friendly repair and maintenance"

"Action 14: Present models of gentle rehabilitation"

(A Living Tradition, the National strategy on Built Vernacular Heritage 2021).

113 An Roinn Tithíochta, Rialtais Áitiúil agus Oidhreachta | Department of Housing, Local Government and Heritage







Applications



- Advertised between May & September 2023
- 100 applications
- 34 successful



Typologies

- 22 single-storey farmhouses includes:
 - 3 thatched roofed houses
 - 7 tin/corrugated iron roofs
- 12 two-storey farmhouses •







Models of Gentle Rehabilitation



- Providing bespoke conservation, reuse and retrofit advice
- Empowering building owners to make evidence based decisions
- Helping identify case studies







Owners Training

TAKING ON A TRADITIONAL FARMHOUSE: The Repair and Reuse of your Vacant Traditional Building













Feedback on Training Weekend

Informative and thought provoking

I now understand a lot of the pitfalls that we need to avoid when carrying out our renovation.

The information has given us the right place to start in the process of bringing our cottage back to its original, vernacular beauty and functionality. It has pointed us in a sound direction as to how to bring it up to comfortable living standards whilst honouring its solid-wall construction and local, vernacular features.

Thank you for a very rich day of learning

The day was most beneficial and informative

Most interesting and informative day







2024 Actions



- 2024 Conservation Advice Scheme for Vacant Traditional Farmhouses (2nd quarter of year)
- 30 taster traditional skills events
- TAKING ON A TRADITIONAL FARMHOUSE course at 5 locations around the country





Thank you



