

# Step 1 - Preparation

### Company details

Fill in your details below to personalise your workbook, which will serve as your company's energy management file. You may not have all the details now, so just fill in what you can at the beginning.

Name	Mary Murphy		
Position	Mauager		
Company	ABC Office Works		
Branch (if applicable)	Not applicable		
Business activity	Office and Stationery Supplies		
Contact number	01 123 4567		
Contact address	8 Nowaus Street Dublin 2		
Email (optional)	wary.wurphy@officeworks.ie		
Start date	01-01-2020	Finish date	31-12-2020

### Number of employees

Floor space area

Full-time	40	Part-time 2	234u²

## Current energy supplier(s)

Energy type	Supplier	Account manager	Contact number
Electricity	Electricity Supply Company	Aune Swith	01 123 4567
Heating	Gas Supply Company	Michael Quinn	01 765 4321
Other (please specify)	N/A	N/A	N/A

### Annual energy costs (€/yr)

€50,474.10 (electricity), € 10,632.63(heating), €1,766.12 (diesel)

#### Annual energy usage (kWh/yr)

98,945kWh (electricity), 84,902kWh (heating), 27,336kWh (diesel)

### Energy management diagnostic questionnaire

Λ	$\sim$	ТΙ	$\cap$	M	-1
А	u.	ш	u	A NI	- 1
	Α	AC.	ACTI	ACTIO	<b>ACTION</b>

#### What is your current energy management situation?

Fill out this energy management diagnostic questionnaire to help you assess this. This form should be filled in again in 12 months' time and the answers compared.

(It a	good energy mana	gement syst	tem is in place, most of yo	our ansv	wers will be the third and	fourth	boxes.)
Has a	a coordinator been a	ppointed to	manage the energy action	plan?			
X	No		Informal appointment		Formal appointment but low priority		Formal appointment
Ado	ditional comments	No oue pe staff are d	rsou has beeu appoiutea aware of euergy issues.	l to wa	uage euergy watters wit	thiu the	e office however wavy
Do y	ou have an energy st	tatement?					
X	No		Informal statement		Incomplete statement		Complete formal statement
Ado	ditional comments	There is us which cou	o formal energy stateme Id be a basis for an ener	'ut. Au 'gy stai	environmental policy is t tement.	iu plac	e however,
Have	you identified signi	ficant energy	users or factors that influe	ence en	ergy consumption?		
	No		Informally (no quantification)	X	Informally (some quantification)		Yes (quantified assessment)
Ado	ditional comments		informally identified a i yy use figures.	number	of areas and factors tha	it we ti	hiuk relate to
Is the	ere an energy action	plan in place	??				
	No (none)	X	Informal unwritten plan		Informal written plan		Formal plan
Add	ditional comments		r actiou plau iu place, h use where possible.	'iowever	wauy staff are euergy d	couscio	us aud
Are e	energy efficient pract	tices and ene	rgy awareness promoted a	amongs	t employees?		
	Not at all	X	Informally and infrequently		Informally but regularly		Formally and regularly
Ado	ditional comments	Ou occasio	ou euergy awareness act	tivities (	are carried out, usually	at the	request of employees.
lc the	aro an onorgy moastly	roment and	monitoring system in place				
is the	No (none)	X		=:	Incomplete system		Formal system
Add	ditional comments		are takeu infrequeutly o r readiugs are uot recon		lectricity weter througho	ut the	year.
Cor	nclusions from diagn				aud motivated to take d no organisation or mana		

little quantification of energy use.

### The business case for energy management



#### What is your business case for energy management?

Fill out your own business case table below and estimate what resources and effort you can afford to spend tackling energy management.

#### How to fill in this table:

- 1. Record your annual operating costs for the previous year.
- 2. Record your total energy costs (from previous year's bills).
- 3. Calculate your total energy costs as a percentage of your annual operating costs.
- 4. Record your annual profits for the previous year.
- 5. Calculate your energy costs as a percentage of your profits.
- 6. Calculate 10% of your energy costs and express this as a percentage of your profits to see how much can be saved.

#### Financial indicators

1. Annual operating costs	<i>€1,537,571.00</i>
2. Total energy cost	<i>€51,631.</i> \$2
3. Energy as % of annual operating costs	3.36%
4. Annual profits	<i>€</i> 141,457.00
5. Energy as % of profits	36.5%
6. % increase in profits by a 10% decrease in energy costs	3.65%

#### Conclusions

Energy is costing my business a significant amount of money and the potential increase in profits to be made by decreasing my energy costs by just 10% makes it worthwhile for me to put in place an energy management programme.

ACTION 3	List the issues that are driving your energy management programme.
1.	Cost of energy — electricity and gas.
2.	Requests from staff for better attitude towards environment.
3.	Pressure from larger companies which we supply to improve environmental performance.
4.	

# Step 2 - Commit

ACTION 4 Assign an energy coordinator for your business. Name of energy coordinator Position in company Mary Murphy Sales ACTION 5 Write an energy statement for your business. Company energy statement ABC Office Works Ltd. is dedicated to implementing energy efficient practices, recognising that this is essential to our continued business success. We are committed to the following: - Continual improvement in reducing our energy usage - Compliance with all environmental and other legislation - Minimising the impact that our energy has on the environment - Communication of our energy statement and energy programme to all staff - Eusuring suppliers and contractors are aware of our energy programme Michelle King Michelle King Mauager

#### Tips

- Don't hide away your energy statement communicate it to staff at meetings or train staff on the statement.
- Use existing systems to integrate your energy statement rather than creating a new system, i.e. HACCP, ISO 9001 or ISO 14001.

# Step 3 - Identify

#### Energy costs

#### ACTION 6

#### Gather your previous year's energy bills and fill these in below

As you implement your energy management programme, from now on fill in your current year's bills as you receive them. Compare these costs with the previous year's data to see how much your company has saved.

Try to record all your energy bills in kWh to keep it consistent.

#### Your electricity bills

Previous year: **2019** 

Current year: **2020** 

Billing period	Quantity billed (units) kWh	Total cost (€)	Billing period	Quantity billed (units) kWh	Total cost (€)
12/01/19 - 12/03/19	53,416	9,721.71	12/01/20- 12/03/20	48,253	8,782.05
12/03/19 - 12/05/19	52,653	9,582.85	12/03/20 - 12/05/20	47,145	8,580.39
12/05/19 - 12/07/19	48,858	8,892.16	12/05/20 - 12/07/20	40,809	7,427.24
12/07/19 - 2/09/19	47,827	8,704.51	12/07/20 - 12/09/20	43,505	7,917.91
12/09/19 - 12/11/19	53,038	9,652.92	12/09/20 - 12/11/20	48,818	8,884.88
12/11/19 - 12/01/20	53,937	9,816.53	12/11/20 - 12/01/21	48,800	8,881.60
Total	306,729kWh	€56,370.70	Total	277,330kWh	€50,474.10

Your heating bills

Natural Gas

Previous year: 2019

Current year: **2020** 

Billing period	Quantity billed (units) kWh	Total cost (€)	Billing period	Quantity billed (units) kWh	Total cost (€)
28/02/19 - 28/04/19	60,881	2,739.66	28/02/20- 28/04/20	54,763	2,464.34
28/04/19 - 28/06/19	58,488	2,632.27	28/04/20 - 28/06/20	52,317	2,354.30
28/06/19 -28/08/19	31,440	1,414.81	28/06/20- 28/08/20	28,224	1,270.07
28/08/19 - 28/10/19	17,366	781.48	28/08/20 - 28/40/20	41,874	669.35
28/10/19 -28/12/19	34,816	1,566.74	28/10/20 - 28/12/20	31,661	1,424.74
28/12/19 - 28/02/20	60,205	2,709.25	28/12/20 - 28/02/21	54,441	2,449.83
Total	263,196kWh	€11,844.21	Total	236,280kWh	€10,632.63

Your other bills (e.g. diesel, LPG, solid fuel)

Diesel

Previous year: 2019

Current year: **2020** 

Billing period	Quantity billed (units)	(Optional) kWh*	Total cost (€)	Billing period	Quantity billed (units)	(Optional) kWh*	Total cost (€)
23/03/19	1,250L	12,750	823.75	04/04/20	1,230L	12,546	840.57
25/09/19	1,430L	14,586	942.37	24/11/20	1,305L	13,311	860.00
Total	2,680L	27,336kWh	€1,766.12	Total	2,535L	25,857kWh	<i>€1,670.57</i>



#### Take meter readings for electricity and gas once a month and record below.

First, find out where your meter is located. It may be located in another building. You might need to contact your building maintenance company.

### Meter readings — electricity

Date	Reading	Units used since previous reading	Multiplier*	kWh used
11/01/20	62,541	383	60	22,980
11/02/20	62,928	387	60	23,220
13/03/20	63,318	390	60	23,400
12/04/20	63,700	382	60	22,920
11/05/20	64,071	371	60	22,260
12/06/20	64,436	365	60	21,900
14/07/20	64,789	353	60	21,180
11/08/20	65,139	350	60	21,000
11/09/20	65,498	359	60	21,540
12/10/20	65,866	368	60	22,080
07/11/20	66,239	373	60	22,380
10/12/20	66,618	379	60	22,740
Total		4,460	60	267,600kWh

### Meter readings — gas

Date	Reading	Units used since previous reading	Multiplier*	kWh used
11/01/20	19,623	346	60	20,760
11/02/20	19,954	331	60	19,860
13/03/20	20,301	347	60	20,820
12/04/20	20,645	344	60	20,640
11/05/20	20,987	342	60	20,520
12/06/20	21,323	336	60	20,160
14/07/20	21,657	334	60	20,040
11/08/20	21,990	333	60	19,980
11/09/20	22,321	331	60	19,860
12/10/20	22,654	333	60	19,980
07/11/20	22,990	336	60	20,160
10/12/20	23,330	340	60	20,400
Total		4,053	60	243,180kWh

\*Sometimes meters are unable to record the actual amount of energy that you use. In this case, a certain percentage of usage is passed through your meter and the actual usage is calculated by multiplying by a factor, i.e. a multiplier. Check your bill to see if a multiplier applies to your account. If no multiplier applies, the units used = kWh used.

### Energy management diagnostic questionnaire

ACTION 8

Fill out the table below, identifying energy-using equipment, influential factors and people and if there is a potential energy saving.

Use the example in the completed sample workbook to help you. The best way to fill in this chart is to do a walk around your facility and identify your energy users and influences.

Location	Appliance	Quantity	Hours of usage (hrs / day)	Influential factors
Office	Computer	42	9	Office working hours
	Printers	5	9	Office working hours
	Faus	20	2	ttot weather and stuffy atmosphere
	Air-conditioner unit	3	9	Office working hours & weather conditions
	Fluoresceut lights	336	9	All lights controlled by one bank of switches
Toilets	Haud-dryers	4	0.5	As required
	Fluoresceut lights	32	9	No uatural light available for this room
Server Roow	Air-conditioner unit	1	12	ttigh heat levels in server rooms
	Fluoresceut lights	40	12	No uatural light available in this room
	Server room	2	24	Are 2 servers required, wove 1 server to cloud
Kitcheu/Cauteeu	Fridge	1	12	No uatural light available for this room
	Microwave	1	24	Staff requirement, Health and safety
	Dishwasher	1	0.5	N/A
	KeHle	1	2	Tea and lunch breaks
	Fluoresceut lights	48	1	Tea and lunch breaks
Storage Area	Fluoresceut lights	32	4	Tea and lunch breaks
Space and hot water heating	Gas-fired boiler	1	4	All lights controlled by one bank of switches

In the table below will give you an overall idea of the biggest on-site users. Not every piece of equipment needs to be entered. At this stage you could also identify certain people you might nominate to look after certain sectors, technologies or factors that can influence your energy demand and whether there is a potential to make any energy savings with each piece of equipment listed.

Influential people	Is there a potential energy- saving opportunity here? If yes, add to register of opportunities	(Optional) Energy rating (kW) You will find this on nameplate on appliance	(Optional) Energy value (kWh) for 1 day Energy rating x quantity x hours of usage
Office staff, Euergy Champion	Yes	0.25	75.6
Office staff	yes	0.41	18.45
Office staff, waintenance staff	Maybe	0.020	0.80
Maintenance staff	yes	1.00	27.00
Staff, cleauers, security	yes	0.016	48.38
Office staff	No	1.80	3.60
Staff, cleauers	Yes	0.006	1.73
Maintenance staff, IT staff	yes	1.00	12.00
Staff, cleauers, security, IT staff	Мауве	0.006	2.88
IT staff	Yes	1.8	43.2
Office staff, cleauers	No	0.40	2.40
Office staff, cleauers	No	0.80	0.40
Office staff	yes	1.500	3.00
Office staff, cauteeu staff	yes	2.75	2.75
Staff, cleauers, security	yes	0.016	3.072
Staff, cleauers, security	Yes	0.006	0.768
Maintenance, office staff	Yes	40.00	440.00

Conclusions

The main users are lighting, IT equipment and air-conditioning units. Staff do have influence over the majority of these aspects and therefore good energy awareness is essential. Security, cleaning and maintenance staff are also very important.

## Energy management diagnostic questionnaire

ACTION 9

#### Start to fill out your register of opportunities.

Some common opportunities are outlined in the completed sample workbook.

A ( 1;	Our and with
Aspect (e.g lighting) or area (e.g. zone 1, office or canteen)	Opportunity
Office	<ul> <li>Eusure heat is not wasted through open windows and ensure staff are aware of local heating controls</li> </ul>
	<ul> <li>Eusure proper timing of heating in line with working hours and current weather</li> </ul>
	- Eusure proper timing of on/off switches for AC unit — avoid leaving AC on in an unoccupied building
	<ul> <li>Eusure proper fining of ou/off switches for veutilation</li> <li>avoid leaving veutilation on in an unoccupied building</li> </ul>
	- Eusure people know where the light switches are
	- Cleau dirty light diffusers or shades
	- Iuvestigate upgrading to LEDs
	- Eusure computers are switched to 'Power Saving Mode'
	- Eusure computers, photocopiers and printers are all switched off at night
	- Iuvestigate iusulation for entire building
Kitcheu/Cauteeu	<ul> <li>Eusure proper timing of heating in line with working hours and current weather</li> </ul>
	- Eusure proper timing of on or off switches for AC unit — avoid leaving AC on in an unoccupied building
	- Reduce temperature in hot tap
	- Iustall iusulation on hot water storage vessels and pipework
	- Avoid ruuuiug dishwashers ou part-load
	- Avoid boiling full kettles for one cup tea or coffee
	- Eusure people know where the light switches are
	- Cleau dirty light diffusers or shades
Storage Area	- Eusure lights are switched off when unoccupied
Server Roow	- Eusure proper timing of on or off switches for AC unit — avoid leaving AC on when not required
	- Eusure lights are switched off when unoccupied
Toilets	- Reduce temperature in hot tap
	- Eusure lights are switched off when unoccupied

This table allows you to list opportunities in various areas. This document can be added to at any stage during the process. Any ideas or suggestions should be captured here.

Comment	Cost
Windows often open while heat is also on	No cost
Heating is often on outside of working hours	Low cost
AC often left on even when office is unoccupied	Low cost
Staff awareness required	Low cost
Staff awareness required	No cost
Add to responsibility of maintenance	Low cost
Not possible until next year	Iuvestment opportunity
Staff awareness required	No cost
Staff awareness required	No cost
Not possible until next year	Iuvestment opportunity
Heating is often on outside of working hours	Low cost
Area unoccupied for majority of time but AC left on constantly	Low cost
This is currently excessive—report to maintenance	Low cost
May not be possible until next year	Iuvestment opportunity
Talk to cleaner regarding this—one load per day will suffice	No cost
Need wore staff awareness for this to happen	No cost
Staff awareness required	No cost
Add to responsibility of maintenance	Low cost
Area unoccupied for majority of time but lights left on constantly	No cost
Area unoccupied for majority of time but AC left on constantly	Low cost
Staff awareness required	No cost
This is currently excessive — report to maintenance	Low cost
Area unoccupied for majority of time but lights left on constantly	No cost

A Guide for Small Business – Wookbook 13

# Step 4 - Plan

# Energy action plan

ACTION 10	Α	СТ	10	N	10	
-----------	---	----	----	---	----	--

Complete your energy action plan below.

Get a manager to sign this to show commitment.

Target or plan		Cost	Priority
Create and publicise energy statemen	<i>†</i>	No	Mediuu
Reduce electricity consumption by 10	% through following actions:		
Monitor electricity and gas meters an	d check all bills	No	High
Eusure proper timing of heating system	us	No	High
Awareuess campaigns to ensure all st controls and avoid waste	aff understand how to use local	No	High
Service and maintenance routine for a	AC unit, including timing	Mediuu	High
Awareness campaign to ensure staff s	witch off all lights at end of shift	No	High
Awareness campaign to ensure all sta at end of shift	off switch off PC woultors	No	Mediuu
Appoint staff wember to take response photocopiers at night	ibility for turning off all printers and	No	High
Management sign off	Name Michelle King	Position Mauger	

eally, the plan shown below should be	for a period of one year. Plan period:	<b>Jau '20</b> to	
Person responsible	Target or expected result	Target date	Achieved (yes or no)
Manager and Energy Coordinator	Awareness among employees of overall approach to energy management	01/02/20	yes
Euergy Coordinator	Improved understanding of gas consumption	Every 2 wouths	Yes
Euergy Coordinator	Decrease in energy consumption	Every 2 wouths	Yes
Euergy Coordinator	Decrease in energy consumption	13/09/20	yes
Maintenance technicians	Decrease in energy due to improved efficiency	Every 6 wouths	No
Euergy Coordinator	90% of lights to be switched off at end of shift	28/01/20	Yes
Euergy Coordinator	95% of PCs to be switched off a t end of shift	24/04/20	Yes
Responsible staff wewber	All printers and photocopiers to be switched off overnight	Iwwediately	Yer
ignature Michelle King	Date 12/01/20		

# Step 5 - Act

ACTION 11

Establish your operations and maintenance checklist below.

Use the example in the completed sample workbook to help you complete this step.

Area	Task	Check frequency	Person responsible	Training required	~
Lighting	- Are all switches labelled?	Aunually	Euergy Coordinator	No	1
	– Is all lighting LED where possible?	Aunually	Maintenance staff	No	1
	<ul> <li>Are all unnecessary lights switched off at end of day?</li> </ul>	Daily	Allstaff	No	1
	- Are daylight sensors and presence detectors installed?	Aunually	Mauager	No	1
	- Are all dirty diffusers and shades cleaned?	Every 3 wouths	Maintenance	No	1
	- Are all roof lights cleaned?	Every 3 wouths	Maintenance	No	1
Building	- Are all doors and windows closed at end of shift	Daily	All staff	No	1
euvelope	working day				
	<ul> <li>- Has iusulation been checked for damage?</li> </ul>	Every 6 wouths	Maintenance	No	
	<ul> <li>- Have any broken windows/rooflights been repaired?</li> </ul>	As uecessary	Maintenauce	No	1
	- Has a check beeu carried out of daup areas?	Every 3 wouths	Maintenance	No	1
Office .	<ul> <li>Are all PC wonitors switched off at end of working day and weekends?</li> </ul>	Daily	Allstaff	No	1
equipment	<ul> <li>Are all printers &amp; photocopiers switched off at end of working</li> </ul>	Daily	1 wewber of staff	No	1
	day and weekends?				
	- Are all PC wouitors switched to power saving wode?	Mouthly	Mauager	No	1
Veutilatiou	- Are filters checked for clogging/ blocking and cleaned if necessary?	Every 3 wouths	Maiuteuauce	Yes	
	<ul> <li>Are timers/switches monitored to ensure ventilation is coming on at appropriate times?</li> </ul>	Every 3 wouths	Euergy Coordinator	Yes	<b>√</b>
Space heating and boilers	– Is building heated outside of working hours?	Every 3 wouths	Euergy Coordinator	No	1
aud boilers	<ul> <li>Have fewperature settings been checked?</li> </ul>	Every 3 wouths	Euergy Coordinator	No	1
	<ul> <li>Are therwostats placed correctly and working effectively?</li> </ul>	Every 3 wouths	Maintenance	yes	1
	<ul> <li>Have radiator settings been checked?</li> </ul>	Mouthly	Euergy Coordinator	Yes	<b>/</b>
	<ul> <li>Are excessive amounts of windows and doors open?</li> </ul>	Weekly	Euergy Coordinator	No	1
	<ul> <li>Is there poor or dawaged insulation on boiler?</li> </ul>	Every 6 wouths	Boiler Services	yes	1
	<ul> <li>Has a boiler maintenance and check been carried out?</li> </ul>	Aunually	Boiler Services	yes	1

Area	Task	Check frequency	Person responsible	Training required	/
Hot water demand	- Is there excessive temperatures at taps ?	Every 3 wouths	Euergy Coordinator	Νσ	<b>√</b>
Kitcheu aud	- Are vending machines left on 24/7 ?	Weekly	Euergy Coordinator	No	<b>√</b>
cauteeu areas	- Are dishwashers ruuuiug ou part-load ?	Daily	Cauteeu staff	No	1
	- Are there badly fitting door seals on tridges and treezers?	Every 6 wouths	Euergy Coordinator	Yes	✓
Design and procurement	- Is energy use considered when designing new buildings and when procuring new equipment?	Wheu required	Euergy Coordinator	No	<b>√</b>
0ther					

Action 12 and 13 — these are completed by putting environmental awareness and training programmes in place. There are no workbook components to these steps.

# Step 6 - Review

Performance comparison progress table

ACTION 14

Fill in the table below to compare and benchmark your performance.

This should be done on a continuous basis.

Date (Try to do this to tie in with your energy bills)	Comparison 1 Electricity use kWh/m²	Comparison 2 Gas use kWh/m <sup>2</sup>	Comparison 3	Comparison 4
14/01/20	206kWh / w²	157kWh / w²		
16/03/20	213kWh / w²	168kWh / w²		
17/05/20	205kWh / w²	162kWh / w²		
16/07/20	200kWh / w²	154kWh / w²		
15/09/20	201kWh / w²	152kWh / w²		
17/11/20	205kWh / w²	155kWh / w²		

Energy manag	ement diagnostic ques	itionnaire
ACTION 15	Complete review checklis	st below.
	your company details?	7. Of these targets, how many their timeframe?
Yes	No	

2. Have you recorded savings in energy cost since using this energy management guide?

X



#### If yes, please detail

We have noticed a slight decrease in our heating and electricity bills in comparison to last year's bills.

We think that a contributing factor to this might be our vigilance in ensuring all non-necessary equipment is switched off at night.

However, as the year went on we were not as vigilant and this is also reflected in the bills.

3. Does your energy coordinator have your full support?

X	Yes
---	-----



4. Have you communicated your energy statement to all staff members?

X	Y
•	



5. What projects have you carried out during this cycle of energy management?

We have noticed a slight decrease in our heating and As above, we initially looked at all no or low cost measures to implement to start off our energy-saving programme. We felt that once results were noted in this sector we could continue with higher cost weasures.

Some projects have not been carried out due to lack of maintenance staff throughout the year.

6. How many targets have been identified in your energy action plan?

y have been achieved within

_
っ

8. Have you started running an energy awareness campaign?

V
Λ

#### If yes, please detail

We have noticed a slight decrease in our heating and Yes, we have used posters, stickers and meetings to increase awareness among staff.

9. Have you noticed a change in staff attitude to energy?

X
---

#### If yes, please detail

The wajority of staff are far wore aware of their responsibility towards energy efficiency and aware that all the small changes can make an effective contribution to reducing our over-reliance on energy.

Staff are willing to participate in all events and are making progress to achieving all targets as set out in the action plan.

10. Do you feel familiar with your company's energy bills?

1/	
Y	
$\boldsymbol{\Lambda}$	

11. Have you made a list of recommendations for the ongoing plan for energy efficiency?

12. How much energy have you saved?

Electricity: we have reduced electricity usage by 29,399kWh according to our bill, which represents a saving of €3,637.86 or 9.5% on last year's bill. Gas: we have reduced gas usage by 26,916kWh according to our bill, which represents a saving of €1,182 or 10% on last year's bill.

14. Have you investigated the range of grants that are available from SEAI?			of grants that are
X	Yes		No
We o	are curreutly investigating to SEAI.	he gra	outs that are available

#### Future recommendations

13. Have you considered entering the SEAI energy awards?

ACTION 16	
-----------	--

Fill out future recommendations below.

Outline a list of suggestions as to how to improve on your energy management programme for next year:
Need to get more staff involved in programme as currently too many tasks are falling on energy coordinator.
Awareness material needs to be updated more regularly to maintain momentum.
Maintenance staff need more direction and supervision to ensure activities on checklist are carried out.
Start to look at some of the investment opportunities.





Sustainable Energy Authority of Ireland 3 Park Place Hatch Street Upper Dublin 2, Ireland